

A close-up photograph of two young children, a boy and a girl, smiling warmly at the camera. The boy, on the left, has light brown hair and is wearing a blue t-shirt with a graphic of a planet and a hand. The girl, on the right, has dark hair in braids with a pink bow and is wearing a light blue tank top with a pink strawberry graphic. The background is slightly blurred, showing what appears to be an indoor setting with blue and red elements.

**STRONGER THROUGH  
CONNECTION**

**ANNUAL  
IMPACT  
REPORT  
2025**



**YMCA OF GREATER  
HOUSTON**



**OUR MISSION:**  
 To put Judeo-Christian principles into practice through programs that build healthy spirit, mind, and body for all.

**LOOKING FORWARD**

As we look toward the future, the YMCA of Greater Houston works to expand spaces where neighbors connect, young people discover their potential, and families grow stronger together.

In establishing a strategic plan for the future, we draw guidance from "Sense of Achievement, Belonging and Connectedness," a study developed in partnership with the Kinder Institute for Urban Research. The insights uncovered in the study show that places like the YMCA are needed now more than ever, as the importance of relationships and social connections on a person's life satisfaction, sense of purpose, and self-sufficiency continues to grow.

Through programs that foster achievement, connection, and belonging, the YMCA is responding and helping to create a more connected and inclusive region.



**YMCA Family and Friends,**

At the YMCA, we believe that lasting impact begins with connection. When people feel seen, supported, and welcomed, they don't just participate—they belong. And when belonging takes root, achievement follows.

Over the past year, our community has come together in meaningful ways. Through strong partnerships with schools, community organizations, donors, and civic leaders, we intentionally create access to programs and services that meet people where they are and support them at every stage of life. These partnerships allow us to strengthen families, empower youth, and create spaces where everyone can thrive.

In 2025, more than 343,000 individuals engaged with the YMCA across our region. But the true measure of our impact goes beyond the numbers. It is reflected in the confidence of a child learning a new skill, the resilience of a teen discovering their potential, and the sense of belonging felt by everyone who finds connection within our walls.

We continue to sharpen how we define and measure success—focusing not only on participation, but on outcomes that reflect meaningful growth, connection, and well-being. Our goal is simple: to ensure that every interaction contributes to achievement, connection and belonging for individuals and the community as a whole.

This work would not be possible without the dedication of our staff, volunteers, donors, and partners. Your commitment and belief in our mission make this impact possible.

Thank you for being an essential part of this community.

*Stephen Ives*

Stephen Ives | President & CEO

*Paula Mendoza*

Paula Mendoza | Board Chair

# WHAT WE DO



The YMCA of Greater Houston strengthens the community by creating places where people of all ages and backgrounds are empowered to reach their potential.

In classrooms specialized for early learners, gyms full of games and activities for students after school, pools with young children learning to swim, and more, the Y brings people together in ways that build confidence, well-being, and long-term stability.

Every program is grounded in the belief that when people feel supported and connected to one another, they grow and contribute to the strength of their communities.

## EMPOWERED YOUTH

Early Care • Out of School Time • Teens • Camp Cullen

## HEALTHY FAMILIES

Aquatics • Youth Sports • Health and Wellness • Seniors

## INCLUSIVE COMMUNITIES

Adaptive • Community Impact Services

# FOR ALL

**343,616 People** served in YMCA programs or membership

**116,300+ People** provided access at a reduced cost

**\$11.6 Million** awarded in financial assistance

**\$36.4 Million** value of programs and services provided to the community at no cost

Despite significant setbacks due to 2025 changes in federal funding allocations, we continued our work to support the greater Houston community.

# YMCA OF GREATER HOUSTON AT A GLANCE

The Greater Houston area is one of the most diverse in the United States, and the YMCA has served this region for 140 years. Across the decades and different eras, the Y has remained a constant, consistently uniting people across generations, cultures, and neighborhoods.

In 2025, the Y continued this work, guiding individuals through programs and activities aimed to spark achievement, deepen connection, and cultivate spaces where all belong.

Behind every number is a unique story. A shy child who discovers newfound confidence by completing a series of swim lessons. A teen unsure of how his future will unfold who uncovers purpose by leading a mock trial. A senior who feels alone, only to find small joys in being greeted and celebrated on a daily basis. Stitched together, these vignettes form a powerful image of a connected, thriving Houston.

- 21 Membership centers
- 1 Overnight camp
- 3 Adaptive program sites
- 160 After School and Early Care locations
- 2,739 Staff and 326 board and advisory board members
- 5,562 Donors

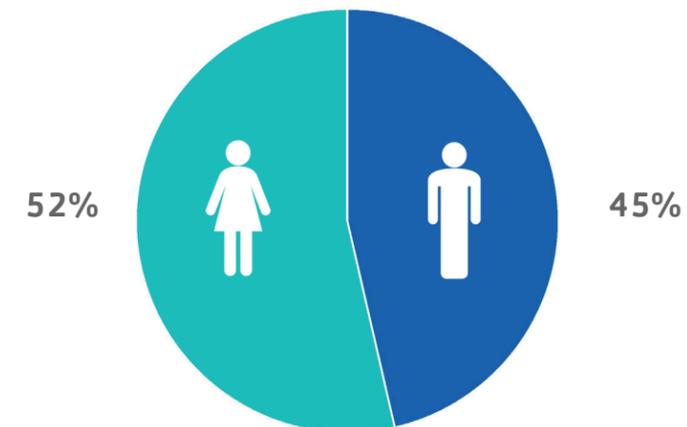
## OUR YMCA FAMILY

**343,616**  
People served

**162,000+**  
Members in 2025

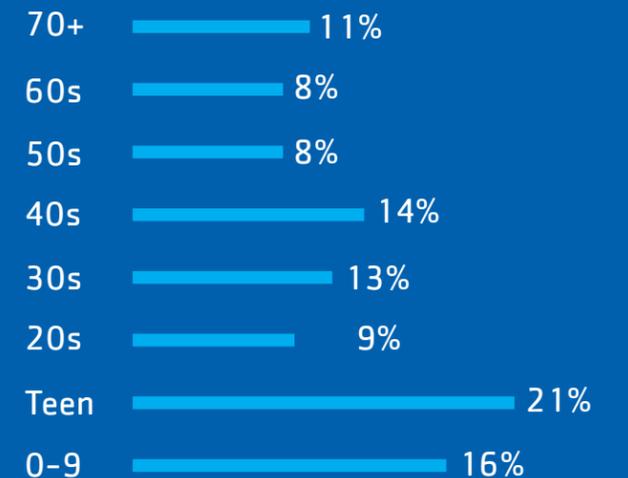


## GENDER



\* 3% did not disclose

## AGE



# EMPOWERED YOUTH



## Connection that Cultivates Achievement

On her first day, a young camper stood close to the wall, unsure if she belonged with the others. By the end of the week, she was laughing with new friends, raising her hand, and speaking aloud in ways she once thought impossible. At the YMCA, our youth participants experience moments like this every day.

Through programs that build confidence, foster friendship, and form a sense of belonging, the Y supports every child and teen on their unique journey toward discovering their potential. Whether exploring creativity in afterschool programs, finding courage at camp, or connecting with mentors through teen programming, the YMCA helps young people develop lifelong skills and the purpose that prepares them to lead, grow, achieve, and thrive.

Research shows that connectedness is one of the strongest predictors of achievement and purpose in life. At the Y, those connections begin early and last a lifetime.

## EARLY CARE & OUT OF SCHOOL TIME

In YMCA Early Care and Out of School Time programs, children find connection during the moments that shape them most. From a toddler taking their first steps to a school-age child settling into routine after the final bell, these trusted relationships help children feel safe and supported.

Across Greater Houston, working families rely on the Y for consistent care before and after school, and during the summer months. With caring educators and welcoming environments, children connect with peers and mentors who encourage curiosity and collaboration. Through play, creativity, and hands-on learning, friendships form, confidence builds, and interests begin to take shape.

At the YMCA, early connections become the foundation for lifelong learning, healthy relationships, and a lasting sense of belonging.

## Y on the Fly

Y on the Fly: A Mobile Makerspace brings STEM (science, technology, engineering, and mathematics), coding, and robotics directly into neighborhoods, connecting youth and families to hands-on learning where access to YMCA facilities may be limited. By meeting communities where they are, the program creates meaningful connections that spark curiosity and collaboration.

With mobile hubs serving different areas, young people build problem-solving skills, confidence, and a sense of belonging as they explore new ideas and prepare for the challenges ahead.



## CHILD CARE BY THE NUMBERS

6

Y on the Fly buses across 26 sites

157

After School sites

25

Summer Day Camps

3

Early Care sites

2,200+

Children served through Y on the Fly

5,200+

Youth participated in After School programs across 13 school districts and charter schools

4,800

Campers experienced achievement, connection and belonging in Day Camp

600+

Young learners in Early Care



EARLY CARE



OUT OF SCHOOL TIME



TEENS



YMCA CAMP CULLEN

# TEEN PROGRAMS

At the YMCA, teens find connection during a pivotal stage on their path to adulthood, when identity, confidence, and purpose begin to crystallize. Some arrive eager to lead, others arrive seeking guidance, and even more arrive in search of a place where they can be understood as themselves. At the Y, supportive relationships help teens feel seen, heard, and encouraged to grow.

Through Y Teen L.I.F.E. (Leadership, Inspiration, Fellowship, Education), teens connect with mentors, peers, and opportunities that challenge and support them. Leadership initiatives foster reflection and teamwork, while college and career readiness programs offer pathways and practical skills for the future. Programs like Youth and Government invite participants to connect and discuss real-world civic issues.

Surrounded by people who believe in them, teens develop purpose, accountability, and confidence that carries into school, careers, and life beyond the Y.



**154**

Teens participated in Achievers: A College and Career Readiness program

**700+**

Teens engaged with Texas State Youth and Government and YMCA Texas Model United Nations programs

**120+ Teens**

Teens participated in Leaders Club: Leadership Development and Service Learning programming

**44**

Teens participated in the Civil Rights Freedom Tour

## IMPACT IN ACTION:

"I watched a young man lead the legislative session like he had been doing it for years. He was steady, confident, and completely in command. And he was not just leading; he was making space for others. He reminded peers to stay on track, encouraged first-timers, and still held firm to the rules and the schedule. That balance of confidence, grace, and accountability is rare at any age.

I also watched a young lady run a courtroom like a real judge, fierce red lipstick, and all! She was fully in control, knowledgeable about trial rules, and managed the room with a level of poise that made you stop and pay attention. It was the kind of presence that makes you think, "She's going far."

Watching them, I could not help but think about how this is where leadership starts. Not in adulthood or after a title, but right here. These moments teach them how to speak up, listen closely, stand firm, and adjust under pressure. These are the experiences that prepare young people to lead."

-YMCA staff member on Youth and Government participants

# YMCA CAMP CULLEN

Nestled among the pines along Lake Livingston, YMCA Camp Cullen creates connection through time spent outdoors, shared challenges, and a break from day-to-day life. Away from screens and daily routines, campers step into an environment where relationships with counselors and cabin mates encourage independence, curiosity, and courage.

Across the camp experience, young people connect through outdoor exploration, hands-on adventure, and shared traditions. From paddling across the lake to cheering one another on around the campfire, these moments build trust, resilience, and friendship. At Camp Cullen, connections formed in the outdoors become milestones of growth, shaping confidence, belonging, and memories that endure far beyond the camp.

## Celebrating 50 Years of Camp Cullen Magic

In 2025, YMCA Camp Cullen marked its 50th anniversary, celebrating five decades of impact on campers, families, and staff. Since opening in 1975, more than 355,000 campers and guests have found confidence, connection, and a sense of belonging in the piney woods of Trinity.

The anniversary campaign honored four YMCA Hall of Fame inductees — John H. Duncan, Sr., Roy Cullen, Tom O'Connor, and The Hamill Foundation — whose leadership helped shape Camp Cullen's legacy. As part of the anniversary, a campaign was launched to help support new enhancements including a splash pad and aerial sky trail. The campaign also sought to strengthen the endowment and increase camperships, ensuring more youth can experience camp for generations to come.



## YMCA CAMP CULLEN BY THE NUMBERS

**43**

International Camp Cullen staffers

**266**

Campers with active military parents participated in Operation Purple

**3,026**

Campers from 25 schools participated in outdoor education

**8,700+**

Youth and adults impacted through overnight camp, weekend family retreats and outdoor education

# HEALTHIER FAMILIES

## Connection That Builds Well-being

On any given morning, a parent may linger near the pool while their child learns to swim. Across the building, familiar faces gather before a workout, trading greetings and encouragement before they begin to move together. Later that day, a family returns for basketball practice, settling into a routine that feels steady and supportive.

At the YMCA, health and wellness grow through connection. Programs bring people together in spaces where encouragement is shared, progress is celebrated, and challenges feel manageable because no one navigates them alone. From swimming lessons that save lives to fitness classes that turn neighbors into friends, the Y cultivates environments where individuals and families build strength in body, mind, and spirit.

When people feel connected, healthy habits take root and well-being becomes sustainable. Across Greater Houston, the YMCA supports families at every stage of their journey, meeting them where they are and helping them move forward together.



# AQUATICS

For many children and adults, water can feel intimidating. Uncertainty and fear often stand between families and a skill that saves lives. At the YMCA, patient instruction helps individuals feel supported as they take their first steps in the pool.

Through Safety Around Water (SAW) — the Y's drowning prevention program — swim lessons, and swim teams, participants connect with instructors and peers who encourage progress at every pace. Children learn to float, paddle, and swim with confidence, while parents gain peace of mind knowing their families are safer around water.

Across Greater Houston, the YMCA reaches vulnerable communities whether in centers or by visiting them where they are. Through connection, hesitation gives way to confidence, and safety becomes a foundation for lifelong well-being.

## IMPACT IN ACTION:

"I signed my son up for the YMCA's Safety Around Water program, thinking it would be a fun summer activity. It turned out to be so much more. As a parent who never learned to swim, I've always carried a quiet fear around water. Pools, lakes, and even bathtubs made me nervous. I didn't want to pass that fear on to my child, but I wasn't sure where to begin.

At the Y, instructors met him with patience and care. They taught him more than how to float or kick. They taught him how to stay calm and how to be safe. I watched him go from clinging to the pool wall on the first day to jumping in with confidence by the end of the week. He came home proud. I came home relieved.

We couldn't have afforded swim lessons, but thanks to the Y and the generosity of those who support it, this opportunity was free. It gave our family more than water safety. It gave us peace of mind. And that's something every parent deserves."

- YMCA parent

## AQUATICS BY THE NUMBERS

9,800 Participants in swim programs

3,351 Participants in SAW

480+ Participants on swim teams

41 Locations Served with drowning prevention swim lessons



AQUATICS



YOUTH SPORTS



HEALTH & WELLNESS



SENIORS



## IMPACT IN ACTION:

"Growing up, my parents struggled with addiction, and they never required me to stick with anything. It burned me out on opportunities I might have grown into. I do not want that for my kids. I want them to stay committed and try things with longevity. Parents have the power to make their children hate something or to help them enjoy it.

My little girl had the least confidence but watching me coach and watching her brother play changed her. Being around the team built her up. Now she is one of the best basketball players on her seventh-grade team.

Coaching at the YMCA has given me that same sense of purpose. I have coached many of the same kids season after season, and you build camaraderie and friendships that last."

-Coach Wise, YMCA volunteer

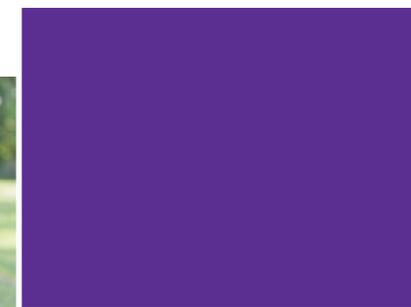


## YOUTH SPORTS

Children arrive at youth sports with different emotions and expectations. Some are eager to play, while others may feel unsure of their abilities or be hesitant to join a team. At the YMCA, connection creates a supportive environment where every child is welcomed and encouraged.

Through team practices and games, participants connect with volunteer coaches who model resilience, communication, and accountability. At the Y, a shy player learns to call for the ball. A child who once feared mistakes finds success through effort and persistence. Wins and losses become opportunities to learn together.

As children build relationships on the fields and courts, they develop character, teamwork, and confidence, which carry into school, friendships, and future employment.



## YOUTH SPORTS BY THE NUMBERS

380+

Participants in outreach sports

11,000+

Hours of volunteer coaches providing mentorship

14,300+

Participants in YMCA leagues





4.1 MM VISITS

## HEALTH & WELLNESS

A familiar greeting at the front desk. Encouragement exchanged before class. A quiet moment on the treadmill that becomes time to reset and refocus. For many members, wellness at the YMCA starts with a personal goal but grows through connection with the people who show up alongside them.

At the Y, health is strengthened through relationships that motivate consistency and celebrate progress in all forms. Group classes become communities of accountability. Personal training sessions become moments of renewed focus. Over time, connection helps turn intention into routine. To support every stage of the wellness journey, the YMCA offers a range of opportunities that meet people where they are and help them move forward, including:

- Virtual classes and enrichment programs through YMCA 360
- Small group training formats such as TRX and kettlebell
- Access to nationally certified personal trainers
- Group exercise classes for all ages and abilities
- Enrichment programs including performing arts classes, martial arts instruction, and more
- Family-focused activities and community wellness events

## IMPACT IN ACTION:

"In April of 2024, my mom passed away after 41 years of marriage to my dad. As he navigated his grief, my dad decided to join the YMCA for a sense of community and purpose. At 82 years old, he signed up for the twice-weekly yoga class.

Not only is he still attending regularly, but he's also found connection and comfort in new friendships, including a special bond with Mary, the front desk staff member. The YMCA has become a meaningful part of his healing journey, showing how community and movement can help rebuild the spirit in a time of grief."

-YMCA member

## SENIOR PROGRAMS

For many older adults, isolation can quietly take hold as routines change and social circles shrink. At the YMCA, connection replaces isolation with familiarity, movement, and renewed purpose.

Through our ForeverWell program, older adults connect with peers and staff who greet them by name, move alongside them in class, and create opportunities for learning and social engagement. These shared experiences foster friendship, routine, and a sense of belonging that strengthens both physical and emotional health.

Through connection, seniors find encouragement, dignity, and continued engagement in the life of the community.

## FOREVERWELL BY THE NUMBERS

\$120K+

Awarded in 2025 membership financial assistance to older adults

2,400

Older adults who participated in ForeverWell programming

55K+

Older adults who were members of the YMCA in 2025



# INCLUSIVE COMMUNITIES

## Connection That Creates Opportunity

A vulnerable family arrives unsure of where to begin. An unaccompanied young person carries questions about safety, school, and the future. A neighbor searches for help navigating systems that feel complex and overwhelming. At the YMCA, these moments are met with patience, trust, and connection.

Across Greater Houston, the YMCA creates spaces where people of all abilities, backgrounds, and life circumstances are welcomed and supported. Through inclusive programs and community-centered services, individuals gain dignity, stability, and discover brighter pathways toward opportunity.

At the YMCA, connection is not passive. It is the starting point for participation, growth, and long-term self-sustainability.



**510+**

Families served through Adaptive sports / Miracle League

**1,200+**

Volunteers supporting inclusion-based initiatives

**580+**

Participants in Adaptive programs



ADAPTIVE



COMMUNITY IMPACT SERVICES

## ADAPTIVE PROGRAMS

Families of individuals with disabilities often seek environments where their loved ones are welcomed, encouraged, and celebrated. At the YMCA, Adaptive Programs create inclusive spaces where participants are supported in ways that respect their abilities and individuality.

Through adaptive sports, aquatics, and recreation, community members participate in activities they would otherwise be unable to, allowing for friendships to form and meaningful moments to happen. Volunteers and families grow alongside them, building relationships rooted in respect and shared purpose.

At the YMCA, inclusion means every individual is valued, supported, and connected to a community where they belong.

## IMPACT IN ACTION:

"Alana wanted to help the Miracle League, so she signed up to be a volunteer 'Buddy.' At first, she was nervous due to her lack of experience and knowledge of each player's needs. Alana was introduced to the coach, and the coach immediately found a player (Skylar) for Alana. Right away, Alana and Skylar began talking and laughing. Not only that, but they were also singing songs and dancing.

While they played baseball too, the games on the field were secondary to the relationship they were building together. After their initial season, Alana told me that: 'Skylar taught me so much stuff and she is a great singer too. Plus, she's an awesome new friend and baseball player! I am so glad I was able to be her Buddy.'"

-YMCA staff member

# COMMUNITY IMPACT SERVICES

At the start of 2025, YMCA International Services continued its long-standing role in welcoming newcomers to Houston through civics courses and supportive learning environments that helped individuals build early connections in their new community.

For more than 45 years, the YMCA has partnered with the federal government to support newcomers. In 2025, changes in federal funding allocations and national resettlement priorities required the YMCA to reflect on what services would make the largest impact for our community.

In response, the YMCA has shifted to offering **Community Impact Services**, a collection of programs that work to connect individuals and families with resources that support dignity, stability, and long-term self-sufficiency. While the structure for International Services has evolved, the YMCA's commitment to serving the community remained unchanged.



## Victim Assistance and Advocacy Services

At the YMCA, connection to trauma-informed support helps individuals begin the process of healing and rebuilding.

Through Victim Assistance and Advocacy Services, including the YMCA's Trafficked Persons Assistance Program (TPAP), survivors connect to case management, legal advocacy, and victim rights education. Services are designed to reduce barriers, protect rights, and restore a sense of control.

## OUR WORK BY THE NUMBERS

**18,800+**

Individuals who participated in YMCA International Programming before shift

**259**

Total clients served in Family Stability and Case Management Services

**900+**

Served at outreach food pantries

**2,100+**

Immigration youth programs served

**1,451**

Total clients served through TPAP

The YMCA of Greater Houston's community impact programs connect individuals and families to essential resources that support long-term self-sustainability. Through trusted relationships and coordinated support, the YMCA helps people navigate complex situations and overcome barriers that stand in the way of stability and independence.

These services focus on meeting immediate needs while building pathways toward lasting opportunity.



## IMPACT IN ACTION:

When Jose called the emergency hotline seeking shelter, TPAP placed him in a hotel and began working toward long-term stability. While awaiting rapid rehousing, staff secured a room in an independent living home and provided rental assistance, allowing Jose to access medical care, therapy, and community resources.

With his basic needs met, Jose worked with an employment case manager to update his resume, practice interviews, and pursue opportunities in the dental field. He soon secured full-time work as a dental assistant.

After three months on the housing waitlist, Jose received the keys to his own furnished apartment. With stable housing and employment, he now has the foundation to focus on healing and planning for his future.

-YMCA staff member



## Immigrant Youth

Unaccompanied minors navigating immigration-related challenges often face uncertainty around safety, education, and their future. At the YMCA, connection to trusted adults and reliable support helps youth find stability during times of transition.

Through Immigrant Youth programs, young people connect to youth-focused case management, legal representation, education access, cultural integration, and Know Your Rights programming. For these minors, support includes post-release services, which help youth reunite safely with sponsors and access school, health care, and community resources. Immigration Youth Services also facilitate home studies, which assess and support safe, stable living environments.

## OUR WORK BY THE NUMBERS

**5**

Partner YMCAs\*:  
Brenda and John Duncan YMCA  
Houston Texans YMCA  
M.D. Anderson Family YMCA  
W.D. Ley Family YMCA,  
West Orem Family YMCA

**6,000+**

People who received support at YMCA food pantries and Second Serving pop-up distribution events

**20+**

Community Organization Partners

## Community and Family Resiliency

When families face challenges, from legal and educational barriers to economic uncertainty, achieving progress can feel overwhelming. At the YMCA, connection to trusted guidance helps families navigate complexity with clarity and confidence.

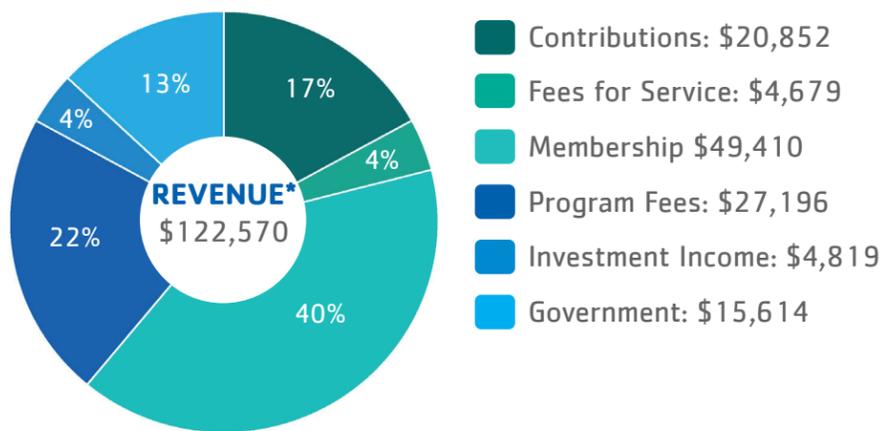
Through Community and Family Resiliency programs, individuals and families connect to coordinated resources that support stability and long-term self-sufficiency. Initiatives include workforce development programs that help individuals build skills, prepare for careers, and secure employment, in addition to resource navigation, legal support, civic education and citizenship assistance, adult education such as ESL and GED, and family stability services.

By building partnerships with community organizations, our Partner YMCAs\* — community hubs rooted in some of Houston's most underserved neighborhoods, providing access to resources and meeting families where they are — help ensure care is accessible, connected, and responsive, empowering families to make informed decisions and move toward a more stable future.

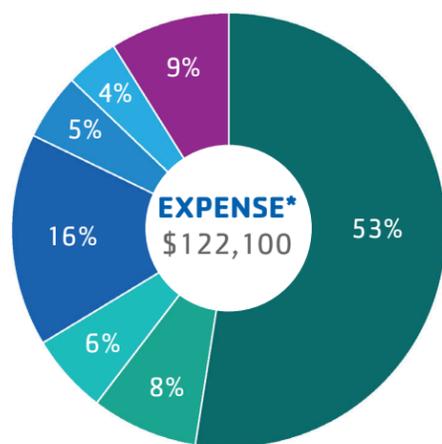


Thanks to the commitment and generosity of partners and donors, 2025 was an impactful year.

### 2025 BUDGET ACTUALS (\* unaudited in thousands)



- Personnel Costs: \$64,792
- Professional Fees & Tech: \$9,896
- Program Costs: \$6,773
- Occupancy: \$19,720
- Assistance to Individuals: \$5,586
- Interest Expenses: \$4,409
- Depreciation & Amortization: \$10,924



## NEARLY \$37 MM IN 2025 PUBLIC/PRIVATE SUPPORT

Capital Projects  
\$9,134,000

Program Support / Financial Assistance  
\$7,468,000

Endowment Contributions  
\$754,000

United Way  
\$1,321,000

Government Grants & Other Support  
\$15,614,000

Gifts In-Kind  
\$2,175,000

# COMMUNITY IMPACT IN ACTION

In 2025, the YMCA of Greater Houston strengthened our community through programs that foster belonging, build confidence, and support well-being for individuals and families of all ages. This impact reflects a year of collaboration with partners who helped expand access, deepen connections, and create opportunities across our region. Together, we improved lives and strengthened the neighborhoods we serve.

**C.J. Stroud Foundation at Houston Texans YMCA:** The Houston Texans YMCA teamed up with the C.J. Stroud Foundation, the Ryans Family Foundation, the City of Houston Controller’s Office and Trill Burgers to provide Thanksgiving dinner and bring holiday hope to local families.

**Houston Apartment Association:** The Houston Apartment Association supports Camp Cullen, after school, and day camps through financial assistance and donations of essential items, reinforcing their commitment to young people across the community.

**Houston Texans NFL Flag Football:** The YMCA continued its partnership with the Houston Texans through the NFL Flag Football program, including more than 1,322 participants across 15 YMCA locations, further increasing access to the fundamental life skills and teamwork learned on the gridiron.

### YMCA Support in a Time of Need:

After the tragic flooding in the Texas Hill Country, Camp Cullen reached out to support displaced international camp staff from affected overnight camps who had nowhere to go. While domestic staff were able to return home, many international staff faced uncertainty. Camp Cullen provided a safe place to stay, welcoming 15 displaced staffers. Twelve opted to finish the summer working at Camp Cullen, and four have since applied to return for the 2026 season.

**Southwest Airlines:** Southwest Airlines supports the YMCA of Greater Houston through donated airline tickets that expand access to meaningful experiences for youth and individuals served through Teen programs, Miracle League, and the Trafficked Persons Assistance Program.

**Cooling and Warming Centers:** In extreme summer and winter conditions, the YMCA opened its doors to the community, offering support and a safe space.

**Gulf States Toyota:** Gulf States Toyota supports the YMCA of Greater Houston by providing funding and four Toyota Sienna vans used by Safety Around Water teams throughout the summer. The vehicles allow teams to travel together with all necessary equipment, while the funding helps cover essential program expenses.

**Second Servings:** In collaboration with Second Servings, six YMCA locations across the region tackled food insecurity by hosting monthly pop-up grocery stores, distributing fresh vegetables, fruits, and other essentials to 5,000 people.

**YMCA Operation Backpack:** With the help of 50 community partners, 2025’s YMCA Operation Backpack served over 25,000 children from across 30 school districts by providing access to much needed school supplies throughout the year, including 7,300 backpacks and 30,000 H-E-B supply kits.

**Angel Tree:** Across the YMCA, centers participating in the Angel Tree Program supported 2,000+ children in 2025, ensuring families experiencing hardship felt seen, cared for, and connected during the holiday season.

**JPMorgan Chase:** The YMCA launched a workforce development partnership with JPMorgan Chase to help identify career opportunities for individuals seeking stability and growth. The program connects participants with career readiness support, job placement opportunities, and skills training.

# STRATEGIC INITIATIVES

## Building Stronger Workplaces

At the YMCA of Greater Houston, our Corporate Membership Partners program continues to grow as a powerful force for connection, well-being, and belonging. Our goal of being the community hub of choice comes to life through partnerships that help organizations invest in their people and strengthen workplace culture.

From Houston Haven, where individuals find renewal and hope through Y programs, to the Houston Food Bank team whose walking challenge sparked lasting friendships, each partnership reflects the YMCA's role in building connection through wellness. This momentum expanded with the launch of new regional partnerships, including Region 4 Education Service Center, allowing the YMCA to connect with even more communities.

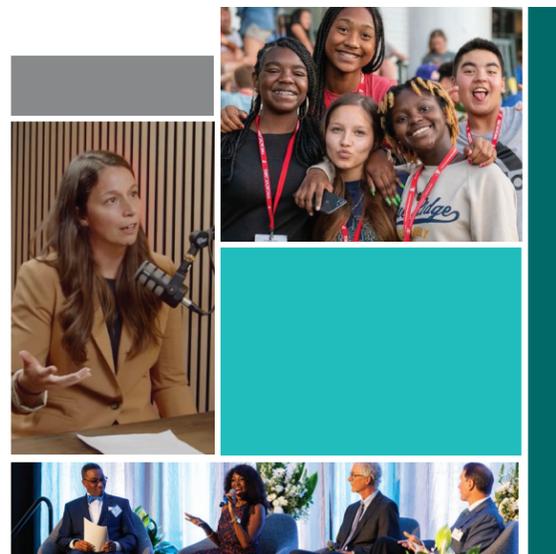
In 2025 alone, the YMCA welcomed seven new corporate partners, creating environments where individuals thrive, teams unite, and communities grow stronger together.

## Christian Principles

In 2025, the YMCA of Greater Houston continued to put Christian principles into practice through faith-centered learning, service, and leadership opportunities across the region. These efforts supported youth, young adults, staff, and members through education, chaplaincy, and emerging mental health partnerships.

Key milestones included attending the Christian Values Conference for 32 high school students, the launch of a Volunteer Chaplain Program at multiple YMCA centers, expanded faith-based content on YMCA 360, and planning efforts for future young adult mission experiences and counseling partnerships.

This work was complemented by the 39th Annual Prayer Breakfast, held in recognition of the National Day of Prayer. The gathering included a panel discussion featuring YMCA President and CEO Stephen Ives, Alan Hassenflu of Fidelis Realty Partners, and Dr. Jacquie Baly of Baly Projects which explored how faith-informed leadership can guide decision-making and strengthen communities.



# HERE FOR COMMUNITY

## M.D. ANDERSON FAMILY YMCA

The M.D. Anderson Family YMCA continued its multi-phase capital campaign to rebuild the center and create new spaces for health, play, and community. In 2025, the campaign reached \$11.35 million toward its \$13.14 million goal for Phases One and Two and secured a \$2 million challenge grant from the Mabee Foundation.

This revitalized center will expand access to wellness, education, and community services for thousands of families in the Near Northside community and beyond.



## T.W. DAVIS FAMILY YMCA

The T. W. Davis Family YMCA made significant progress toward its rebuild project, which will bring new child care spaces, after-school programs, wellness facilities, and community gathering areas to Fort Bend County. In 2025, the campaign reached \$11.96 million toward its \$21.6 million goal, supported by transformational gifts from local foundations, civic partners, and government agencies.

This investment will expand access to opportunities, health, and connections for a diverse and growing community.



## Camp Cullen 50th Anniversary Campaign

In celebration of its 50th anniversary, YMCA Camp Cullen advanced an anniversary focused campaign with a capital component to enhance the camp experience for future generations. These future capital improvements include a new sky trail aerial adventure course and a splash pad, expanding opportunities for outdoor adventure, play, and accessibility.

These investments support Camp Cullen's long-term impact by creating safe, engaging spaces where campers can build confidence, connection, and lasting memories in the outdoors.

# IN YOUR COMMUNITY



## MEMBERSHIP CENTERS

1. BRENDA AND JOHN DUNCAN YMCA
2. D. BRADLEY MCWILLIAMS YMCA
3. FORT BEND FAMILY YMCA
4. HARRIET AND JOE FOSTER FAMILY YMCA
5. HOLCOMB FAMILY YMCA
6. HOUSTON TEXANS YMCA
7. LAKE HOUSTON FAMILY YMCA
8. LANGHAM CREEK FAMILY YMCA
9. MARK A. CHAPMAN YMCA AT KATY MAIN STREET
10. M.D. ANDERSON FAMILY YMCA
11. MONTY BALLARD YMCA AT CINCO RANCH
12. PERRY FAMILY YMCA
13. THE WOODLANDS FAMILY YMCA AT BRANCH CROSSING
14. THE WOODLANDS FAMILY YMCA AT SHADOWBEND
15. TELLEPSEN FAMILY DOWNTOWN YMCA
16. TROTTER FAMILY YMCA
17. T.W. DAVIS FAMILY YMCA (reopening plan in progress)
18. VIC COPPINGER FAMILY YMCA
19. WEEKLEY FAMILY YMCA
20. WENDEL D. LEY FAMILY YMCA
21. WEST OREM FAMILY YMCA

## PROGRAM SITES

22. CONNECT YMCA
23. YMCA CAMP CULLEN
24. YMCA OF GREATER HOUSTON ADMINISTRATIVE OFFICE
25. CENTER FOR COMMUNITY IMPACT



See a full list of our locations and program sites.

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