



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

AFTERSCHOOL ACTIVITY SCHEDULE

THEME: Dr. Seuss

	MONDAY	TUESDAY	WEDNESDAY	FRIDAY	FRIDAY
3-3:30 pm Y COMMUNITY TIME	What are some things you can do to be a good friend?	What do you like best about being at school?	Do you think it's harder to be a kid or an adult? Why?	What is your favorite snack food?	What is your favorite meal for dinner? Who makes it and who eats it with you?
3:30-4:30 pm BRAIN POWER HOUR	Uppercase letter practice	Number recognition	Lowercase letter practice	Matching Activities	Fun Friday Group Choice
4:30-5 pm EXPLORATION	LITERACY: Oh the Places You'll Go	STEM: Oobleck	LITERACY: Rhyming Sock	STEM: Ten Apples on Top	LITERACY: Hop on Pop Sight Word Game
5-5:30 pm ENRICHMENT	ARTS/HUMANITIES: Horton Hears a Who	CHARACTER & LEADERSHIP: Yertle the Turtle	ARTS/HUMANITIES: Put Me in the Zoo	CHARACTER & LEADERSHIP: Daisy Head Mayzie	ARTS/HUMANITIES: Tissue Paper Truffla Trees
5:30-6 pm ENERGIZE	TEAM GAMES: What Time is it Mr. Fox?	CATCH: Soccer skill building	TEAM GAMES: Catch Thing 1!	CATCH: Soccer Skill Building	TEAM GAMES: Scream, Shout, Kock Yourself Out
6-6:30 pm YOUTH CHOICE	Dinosaurs Blocks Dramatic Play	Magnet Tiles Gears Drawing	Dinosaurs Blocks Dramatic Play	Magnet Tiles Legos Drawing	My Playdough Kit Blocks Dramatic Play



YMCA Mission: To put Judeo-Christian principles into practice through programs that build healthy spirit, mind and body for all. Everyone is welcome.