YOUTH ENRICHMENT PROGRAMS
GIVE YOUR CHILD A NEW EXPERIENCE
SEPTEMBER - DECEMBER

Perry Family YMCA  |  ymcahouston.org  |  281.338.9622
**PARENT/CHILD**  
Ages 1-3

**SPORTS FUNDAMENTALS**  
Ages 2-3 | 30min | $25

Little Olympians
Day  Time
Wed.  5:15 pm

**SOCCER**  
Day  Time
Thur.  5:15 pm

**TUMBLING**  
Ages 1-3 | 30min | $25

<table>
<thead>
<tr>
<th>Age</th>
<th>Day</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>1-2</td>
<td>Mon.</td>
<td>4:45 pm</td>
</tr>
<tr>
<td>2-3</td>
<td>Tues.</td>
<td>9 am</td>
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<tr>
<td>2-3</td>
<td>Tues.</td>
<td>5:15 pm</td>
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<tr>
<td>2-3</td>
<td>Thur.</td>
<td>9 am</td>
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<td>2-3</td>
<td>Thur.</td>
<td>5:15 pm</td>
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<tr>
<td>2-3</td>
<td>Sat.</td>
<td>9 am</td>
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**PRESCHOOL**  
Ages 2-5

**Y WARRIOR**  
30min | $25

Day  Time
Mon.  9 am
Mon.  9:30 am
Mon.  5:15 pm
Tues.  6:30 pm
Wed.  9 am

**SPORTS FUNDAMENTALS**  
30min | $25

**LITTLE OLYMPIANS**  
Age  Day  Time
2-5  Mon.  8:45 am
4-5  Wed.  5:45 pm
2-5  Thur.  9:45 am

**SOCCER**  
Age  Day  Time
4-5  Thur.  5:45 pm

**TUMBLING**  
30 min | $25

<table>
<thead>
<tr>
<th>Age</th>
<th>Day</th>
<th>Time</th>
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<tbody>
<tr>
<td>4-6</td>
<td>Tues.</td>
<td>9:30 am</td>
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<tr>
<td>4-6</td>
<td>Tues.</td>
<td>5:15 pm</td>
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<tr>
<td>4-6</td>
<td>Thur.</td>
<td>9:30 am</td>
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<tr>
<td>4-6</td>
<td>Thur.</td>
<td>5:15 pm</td>
</tr>
<tr>
<td>4-6</td>
<td>Sat.</td>
<td>9:30 am</td>
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</tbody>
</table>

**KARATE**  
45min | $25

Age  Day  Time
3-5  Tues.  5:15 pm
3-5  Thur.  5:15 pm

**SWIM TEAM**  
45min | $45

<table>
<thead>
<tr>
<th>Age</th>
<th>Day</th>
<th>Time</th>
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<tbody>
<tr>
<td>4+</td>
<td>Mon.</td>
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<tr>
<td>4+</td>
<td>Wed.</td>
<td>4:45 pm</td>
</tr>
</tbody>
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**BALLETT**  
30min | $25

Day  Time
Wed.  5:15 pm

**CHEER**  
30min | $25

Day  Time
Mon.  5:15 pm
Y WARRIOR
45min $45
Day Time Day Time
Mon. 5:45 pm Thur. 7 pm
Mon. 6:30 pm Fri. 5:45 pm
Tues. 7 pm Fri. 6:30 pm
Wed. 5:45 pm Sat. 10:45 am
Wed. 6:30 pm

SPORTS ACADEMY
45min $25

VOLLEYBALL
Day Time
Mon. 6:30 pm
Tues. 6:30 pm

RUGBY
Day Time
Wed. 6:30 pm

SOCCER
Day Time
Thur. 6:30 pm

LACROSSE
Day Time
Mon. 6:30 pm

FLOOR HOCKEY
Day Time
Fri. 6:30 pm

NEW

TUMBLING
30min $25
Day Time Day Time
Tues. 9:30 am Thur. 9:30 am
Tues. 5:45 pm Thur. 5:45 pm
Sat. 9:30 am

KARATE
60min $45
Day Time
Tues. 6 pm
Thur. 6 pm

SWIM TEAM
45-60min $45
Day Time
Mon. 4:45 pm - (Beginner)
Mon. 5:30 pm - (Intermediate/Advanced)
Wed. 4:45 pm - (Beginner)
Wed. 5:30 pm - (Intermediate/Advanced)

FOOTBALL
Day Time
Tues. 6:30 pm

BASEBALL
Day Time
Wed. 6:30 pm

BASKETBALL
Day Time
Fri. 6:30 pm

NERF
45min $25
Day Time
Tues. 6:30 pm

VR: SPORTS SAMPLER
30min $25
Day Time
Wed. 6 pm

HOMEWORK HELPERS
45min $25 ISD Teacher Led
Day Time Day Time
Mon. 4:30 pm Wed. 4:30 pm
Tue. 4:30 pm

ROBOTICS: VEX GO & IQ
45min $45 Two month program
Age Day Time Robot
6-8 Sat 10 am Vex Go
8-12 Sat. 11 am Vex IQ

ARCHERY
45min $25
Day Time Day Time
Tues. 5 pm Thur. 5 pm
Tues. 5:45 pm Thur. 5:45 pm

BALLET
45min $25
Day Time
Wed. 5:45 pm
<table>
<thead>
<tr>
<th>MIDDLE SCHOOL</th>
<th>Ages 11-13</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>CHEER</strong></td>
<td>45min</td>
</tr>
<tr>
<td>Day Time</td>
<td>Mon.  6:30 pm</td>
</tr>
</tbody>
</table>

| **KARATE**    | 60min | $45 |
| Day Time      | Tues. 7 pm | Thur. 7 pm |

| **SWIM TEAM** | 45-60min | $45 |
| Day Time      | Mon. 4:45 pm - (Beginner) | Mon. 5:30 pm - (Intermediate/Advanced) | Wed. 4:45 pm - (Beginner) | Wed. 5:30 pm - (Intermediate/Advanced) |

| **ARCHERY**   | 45min | $25 |
| Day Time      | Tues. 5 pm | Tues. 5:45 pm | Thur. 5 pm | Thur. 5:45 pm |

| **ROBOTICS: VEX IQ** | 45min | $45 | Two month program |
| Age Day Time    | 8-12 Sat. 11:00 am |

| **SPORTS ACADEMY** | 45 min | $25 |
| **VOLLEYBALL**    | Day Time | Mon. 7:15 pm | Tues. 7:15 pm |

| **LACROSSE**     | NEW | Day Time | Mon. 7:15 pm |

| **FOOTBALL**     | Day Time | Tues. 7:15 pm | Thur. 7:15 pm |

| **BASEBALL**     | Day Time | Wed. 7:15 pm |

| **RUGBY**        | Day Time | Wed. 7:15 pm |

| **SOCCER**       | Day Time | Thur. 7:15 pm |

| **FLOOR HOCKEY** | NEW | Day Time | Fri. 7:15 pm |

| **BASKETBALL**   | Day Time | Fri. 7:15 pm |

| **PICKLEBALL**   | NEW | Day Time | Sun. 3 pm |

YMCA Mission: to put Judeo-Christian principles into practice through programs that build healthy spirit, mind and body for all. Everyone is welcome.