

HISPANIC HERITAGE MONTH

September 15-October 15

Each year, Americans observe National Hispanic Heritage Month from September 15 to October 15, by celebrating the histories, cultures and contributions of American citizens whose ancestors came from Spain, Mexico, the Caribbean and Central and South America.

The observation started in 1968 as Hispanic Heritage Week under President Lyndon Johnson and was expanded by President Ronald Reagan in 1988 to cover a 30-day period starting on September 15 and ending on October 15. It was enacted into law on August 17, 1988, on the approval of Public Law 100-402.

The day of September 15 is significant because it is the anniversary of independence for Latin American countries Costa Rica, El Salvador, Guatemala, Honduras and Nicaragua. In addition, Mexico and Chile celebrate their independence days on September 16 and September 18, respectively. Also, Columbus Day or Día de la Raza, which is October 12, falls within this 30-day period.

A COURAGEOUS CONVERSATION: Y Teen L.I.F.E. / Hispanic Latino Leadership Network

September 25 | Virtual Event

Honoring Hispanic Heritage Month — Join Y Teen L.I.F.E. and the YMCA of Greater Houston Hispanic Latino Leadership Network for a virtual celebration and conversation in recognition of Hispanic Heritage Month.

REGISTER HERE

RESOURCES: To learn more about Hispanic Heritage Month and culture, visit the links below.

National Archives: https://www.archives.qov/news/topics/hispanic-heritage-month

Visit Houston: https://www.visithoustontexas.com/events/annual-events/hispanic-heritage-month

Hispanic Houston: https://hispanichouston.com/celebrating-hispanic-heritage-month-2021/

LatinX Leaders: https://www.houstonchronicle.com/projects/2021/houston-latino-leaders-you-should-know/

Latin American recipes: https://www.allrecipes.com/recipes/237/world-cuisine/latin-american/