



# HERE FOR YOU

## Food Distribution



Monday-Saturday from start time-until supplies last

Site	Address	Date (Time)
MD Anderson YMCA	705 Cavalcade Houston, TX 77009	Mondays: May 3 & 17 (10 am)
Aldine-Greenspoint Family YMCA (at North Houston Skate Park)	12351 Kuykendahl Rd Houston, TX 77067	Tuesdays: May 4 & 18 (12 pm)
World Harvest Church	10800 Scott St, Houston, TX 77047	Tuesdays: May 11 & 25 (12 pm)
West Orem YMCA	5801 W. Orem Dr, Houston TX 77085	Wednesdays: May 5, 12, 19, & 26 (5pm)
Navarro Middle School	5100 Polk St. Houston, TX 77023	Thursdays: May 6 & 20 (12 pm)
Lone Star College- Greenspoint	250 N Sam Houston Pkwy, Houston, TX 77060	Thursdays: May 13 & 27 (12 pm)
The Cathedral of Saint Matthew	9101 Airline Dr. Houston, TX 77037	Fridays: May 7, 14, 21, & 28 (10:30 am)
Generations Church	405 Rayford Rd Spring, TX 77386	Saturday, May 22 (11 am)
Southwest Central Church of Christ	4011 W Bellfort Blvd Houston, TX 77025	Saturday, May 8 (10 am)
Connect YMCA	6700 Bellaire Blvd Houston, TX 77074	Saturdays: May 15 (12 pm)

Stay connected with the Y! Email [CommunityCare@ymcahouston.org](mailto:CommunityCare@ymcahouston.org) for more food pantries and



YMCA Mission: To put Judeo-Christian principles into practice through programs that build healthy spirit, mind and body for all. Everyone is welcome.



# AQUI PARA USTEDES

## HORARIO DE DESPENSA DE ALIMENTOS

lunes-sabado, de empieza-hasta que se acaba los alimentos

Sitio	Dirección	Fecha (tiempo)
MD Anderson YMCA	705 Cavalcade Houston, TX 77009	lunes: Mayo 3 & 17 (10 am)
Aldine-Greenspoint Family YMCA (at North Houston Skate Park)	12351 Kuykendahl Rd Houston, TX 77067	martes: Mayo 4 & 18 (12 pm)
World Harvest Church	10800 Scott St, Houston, TX 77047	martes: Mayo 11 & 25 (12 pm)
West Orem YMCA	5801 W. Orem Dr, Houston TX 77085	miércoles: Mayo 5, 12, 19, & 25 (5pm)
Navarro Middle School	5100 Polk St. Houston, TX 77023	jueves: Mayo 6 & 30 (12 pm)
Lone Star College- Greenspoint	250 N Sam Houston Pkwy, Houston, TX 77060	jueves: Mayo 13 & 27 (12 pm)
The Cathedral of Saint Matthew	9101 Airline Dr. Houston, TX 77037	viernes: Mayo 7, 14, 21, & 28 (10:30 am)
Generations Church	405 Rayford Rd Spring, TX 77386	viernes, Mayo 22 (11 am)
Southwest Central Church of Christ	4011 W Bellfort Blvd Houston, TX 77025	sábado, Mayo 22 (10 am)
Connect YMCA	6700 Bellaire Blvd Houston, TX 77074	sábado: Mayo 15 (12 pm)

Mantente conectado con la Y! Envíe un correo electrónico a [CommunityCare@ymcahouston.org](mailto:CommunityCare@ymcahouston.org) para todas las despensas de alimentos y sitios de distribución alrededor de Houston.



Misión YMCA: Poner en práctica los principios judeocristianos a través de programas que desarrollen espíritu, mente y cuerpo saludables para todos. Todos son bienvenidos.