



**FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

BUILDING STRONG, BRIGHT FUTURES

YMCA Children's Academy

PARENT HANDBOOK



**YMCA Mission: To put Judeo-Christian principles into practice through programs that build healthy spirit, mind and body for all.
Everyone is welcome.**

WELCOME!

At the YMCA, healthy child development starts early. That's why we offer early care and learning programs that help children learn the essential skills they will need to be ready for school. Our trained, supportive staff works to help children receive the best possible start to their education.

PHILOSOPHY

The YMCA is a community leader in the development of the whole child. Children will learn through discovery and play. Our goal is to encourage a love for lifelong learning in a caring community.

School Readiness for all children is a core component of YMCA early care and learning. The YMCA of Greater Houston has chosen the Creative Curriculum to ensure that our children are prepared for school. Creative Curriculum provides an innovative and effective curriculum, assessment, professional development, and family connection resources to programs serving children from birth through kindergarten.

The YMCA of Greater Houston will also work with all children to make sure that they are physically active and healthy. The daily schedule will include 90-120 minutes of physical activity. Children will participate in a mix of moderate to vigorous physically active sessions. Half of the time will be teacher led and half of time will be free play. Weather permitting, these activities will take place outdoors and rainy day activities will take place under covered play areas or if the YMCA gym is available onsite we will use it. Children under two years old are not allowed screen time. Preschoolers may have technology, computers only, two-three times per week at some locations. Television and movies will not be utilized and use of any digital device will be limited to educational activities.

HOURS, DAYS AND MONTHS OF OPERATION

Our Y's year-round program runs Monday-Friday. Typical hours are 6:30 am to 6:30 pm. The program will follow the local school district or college campus calendar in the case of inclement weather. Contact your local YMCA for exact hours of operation and any days that the program may be closed for staff training.

ARRIVAL AND DEPARTURE PROCEDURES

Parents/guardians must sign their child in and out each day. Due to COVID 19 we have adjusted our sign in/out procedures to align with recommendations from the CDC. We have limited access to our facilities to the children and staff. Temperatures and health assessments are conducted outside and then children are taken to their class.

Your child will only be released to the persons listed on the emergency or authorized pick-up section of the enrollment form. This person will be requested to show proper identification. Please bring your ID to the program. Only those designated on our enrollment form will be allowed to modify your information. All changes must be made with the program director.

In any case concerning a custody clause or dispute, court documents must be provided. These policies are in accordance with YMCA of Greater Houston and Texas Department of Family and Protective Service guidelines.

For security purposes, it is very important that you sign your child in and out every day by putting the time and your initials in the appropriate box. For safety reasons, all children must be signed in and out

daily.

HEALTH AND SAFETY (ILLNESS AND EXCLUSION CRITERIA)

The YMCA of Greater Houston does not require child care staff to receive any additional immunizations in order to work with children. In order to ensure the health and safety of all, employees who work directly with children will follow required procedures to prevent the spread of exposure to disease:

- Daily staff and child temperature screenings. Anyone with a temperature of 100.4 or higher will not be allowed to stay at the program
- Hand hygiene at arrival for children and staff prior to entering the classroom. Intentional hand hygiene will be implemented throughout the day
- Wearing gloves when handling or cleaning body fluids, such as after wiping noses, mouths, or tending sores;
- Specifying that an employee with open wounds and /or any injury that inhibits hand washing, such as casts, bandages, or braces, must not prepare food or have close contact with children in care;
- Removing gloves and washing hands immediately after each task to prevent cross-contamination to other children;
- Excluding the employee from direct care when the employee has signs of illness
- Routinely cleaning, sanitizing and disinfecting surfaces and objects that are frequently touched, especially toys and games

In an effort to maintain a healthy environment, the following guidelines must be followed very strictly. Staff perform daily health checks to ensure children are healthy and to note any illness or injury. Children who become ill may not remain at the program, nor will an ill child be admitted. If a child becomes ill during the day, a parent will be notified to pick up the child immediately. If we are unable to reach the parents, we will then begin calling the persons listed on your enrollment form.

For the safety of your child as well as the other children in his/her class, you may not bring a child to the program for one business day after having any of the following symptoms:

- A fever above 100.4 degrees
- Intestinal disturbance accompanied by diarrhea or vomiting
- Any undiagnosed rash
- Sore or discharging eyes or ears
- Profuse, colored nasal discharge
- A communicable disease

Children must be free of all above symptoms and show no signs of illness when returning to the program. Please provide a note from your child's doctor that your child is well to attend child care.

Please notify us if your child will be absent from the program.

Children with allergies are required to provide a physician's letter noting the allergy, causes, severity, and treatment.

All children must be able to participate in their normal daily schedule (outdoor play included). Weather permitting, children will go outside every day. We cannot keep one child inside due to illness.

Please let us know as soon as possible if your child has a communicable illness or infection. This will allow us

to notify the parents of children attending our program. Children with communicable conditions may not return to care without a note from their physician.

For the success of our programs please respect the health of the other children in our care by cooperating with us on these state mandated rules, Article 746.3601, 746.3609, and 746.3611 Texas Minimum Standards of Child Care Centers.

MEDICATION POLICY

If your child needs medication while at the program, you must complete an "Authorization to Administer Medication" form. The medication must be given to YMCA staff, and:

- Be in its original container
- Labeled with the child's name (we cannot share medications among siblings)
- Labeled with the date that the prescription expires
- Labeled with the dosage and directions on how to administer the medicine
- Include the name of the physician prescribing the medication

Over the counter medication, including insect repellent and sunscreen, will also require an "Authorization to Administer Medication" form and signed doctor's order outlining when the medication should be administered and in what dosage.

MEDICAL EMERGENCY

Should your child require immediate medical attention, we will call 911, provide first aid and/or CPR, and then contact parents or guardians. Responding emergency medical personnel will make determinations as to whether the child should be transported to a hospital. We will provide them with your choice of hospital and physician as indicated in your child's record. In the event that this information is not specified, the child will be transported to the nearest hospital.

The YMCA takes head injuries seriously. Suspected head injuries will require a 911 call. Bumps, jolts or blows that cause the head and brain to move rapidly back and forth can be serious even if it appears to be minor.

PARENTAL NOTIFICATIONS

Parent notifications may be made in writing via letters, emails, fliers and/ or signage at the classroom door or reception desk. Notifications may also be made by phone calls or in person by site staff. Open communication is very important to the success of your child's Y experience. Activity schedules, menus and other pertinent information will be available for your review. Please check daily for new information. Any policy changes will be provided to the parent or guardian in writing.

Occasionally children will be absent due to illness or family vacations please let the director of the program know when your child will not be present. You may contact the director by phone or email.

CONDUCT AND GUIDANCE

Self-management skills and positive social interactions among children and adults are encouraged and maximize everyone's enjoyment of the program. Y programs use positive guidance methods including reminders, distraction, logical consequences and redirection. Self-management skills are taught according to the following guidelines:

- Consistent rules are clearly stated. Children are expected to work and play within known limits.
- Behavior expected of children is age appropriate and based on developmental level.

- An atmosphere of trust is established in order for children to know that they will not be hurt nor allowed to hurt others.
- Staff members strive to help children become acquainted with themselves and their feelings. This will help them learn to cope with their feelings and control them responsibly.

Children grow and develop as individuals during the early years. Challenging behaviors are a part of growing and learning. Our goal as we work through these periods of time will be for directors and teachers to have regular, ongoing conversations to express concerns and to discuss strategies for challenging behaviors with you to ensure that we are working together as partners to help your child. Parents will be kept informed of their child's progress.

Child safety is the most important concern of the program; therefore, children whose behavior is dangerous or repeatedly disruptive must be immediately picked up from the program by someone designated through the departure and release procedures. Repeatedly disruptive or dangerous behavior will be discussed with the child's parent and will result in loss of privileges or activities, suspension or termination from the program.

MEALS AND SNACKS

Vary by location. Please check with your local YMCA for specific details.

Busy kids need a healthy lunch to boost their energy. If your child's facility requires that you pack a lunch for your child please keep in mind the following:

- Always include fresh fruit and vegetables.
- Offer a variety of whole grain breads, rolls, pita bread and flat breads.
- Use reduced fat dairy foods. Cheese and yogurt are ideal.
- Serve a protein at lunchtime such as lean meat, egg, peanut butter, chickpeas or tuna.
- Add a chilled bottle of water. Limit juice.

It is important to keep food in the lunch box cold to inhibit the growth of harmful bacteria. Pack your child's lunch in an insulated lunch box and include a small freezer brick or freeze a bottle of water and pop it into the lunchbox to keep food cool. Many of our facilities are not equipped with refrigeration so lunches need to be safe at room temperature. Employees cannot heat meals brought from home at any time. When providing your child's lunch or snack we ask that you refrain from packing fried foods and foods high in sugar and saturated fats, such as chips, cookies, gummies, fried chicken nuggets, etc. Parents or guardians can visit www.myplate.org for a complete listing of healthy lunch ideas to pack for your child.

A monthly menu will be posted for YMCA provided meals and snacks. Fruits and vegetables are available to children at snack time.

For programs where the YMCA provides meals and snacks food must be prepared in a kitchen that is inspected by local health department officials or the food product must be commercially prepared. All foods will meet USDA guidelines. Liquids and food hotter than 110 degrees F are kept out of reach of children. Meals will include milk, fresh fruits and vegetables.

All kitchen personnel must maintain a current Food Manager's permit at all times. All meals are prepared and stored following the City of Houston Health and Human Services Guidelines.

Water is always available throughout the day and served as the primary drink at every meal. When juice is served, it will be 100% fruit juice and the serving size will be 4-6 oz. When milk is served the milk will be unflavored. Children under 2 years of age will receive whole milk and children over 2 years of age will receive

low fat (1%) or nonfat milk.

Staff are educated and take proper precautions regarding any allergies that a child in their classroom may have as long as it is noted on the child's enrollment form. Staff are trained regarding common food allergies and common symptoms of food allergies. Education and support services for children with allergens and/or children who come in contact with children with allergens can be found at www.foodallergy.org. Staff can also provide information about food that may cause allergic reactions.

Staff will not use food to reward children. Rewards will not be given to children for cleaning their plate at meal time.

IMMUNIZATIONS, TB TESTS, HEARING AND VISION SCREENING

Children are required to have been examined within the past year by a licensed physician and have a yearly health statement on file. Children must be mentally and emotionally able to participate in the program activities. Current and up to date immunization records including a TB test are required by the local health authority at the time of enrollment.

VISION AND HEARING SCREENING REQUIREMENTS

The Special Senses and Communications Disorders Act, Texas Health and Safety Code, Chapter 36, requires a screening or a professional examination for possible vision and hearing problems for the following children who are enrolled in a child care center:

First-time enrollees, who are four years of age or older, and all children enrolled in programs, who are four years of age by September 1st of each year, will need to be screened for possible vision and hearing problems prior to completion of the first semester of enrollment or within 120 calendar days of enrollment, whichever is longest, or present evidence of screening conducted within one year prior to enrollment.

RATIOS

Ratios for early care and learning are established to ensure the safety of our children and our staff.

Age of Children staff:child ratio

- 0-12 months 1:4
- 13-17 months 1:5
- 18-23 months 1:7
- 2 year olds 1:8
- 3 year olds 1:10
- 4 year olds 1:10
- 5 year olds 1:10

Child Care Licensing has lowered the ratios for some age groups and they have lowered the group size for each age group due to COVID-19. Another component to minimizing the spread of the virus is to implement and practice social distancing strategies. Social distancing strategies include:

- Hand hygiene throughout the day
- Children will be in the same group with the same teacher/caregivers every day
- Limit the mixing of children

- Ensure that nap mats are spaced out as much as possible and have children head to toe
- Minimize the length of time that children might stand in a line
- Limit the use of water tables and sensory tables
- Increase the space between children during table work and meals

INFANT AND TODDLER ITEMS

Parents are responsible for diapers, wipes, any diapering supplies and baby food. Parents are also responsible for any lotions or creams that your child may need.

The YMCA will provide an area for breastfeeding for your convenience at each location. Please speak with your child's lead teacher so that proper accommodations are made. Information on breastfeeding education and support can be found at www.marylandbreastfeeding.org. We are able to store frozen breast milk a week's supply at a time. All milk bottles, pacifiers, lunches and drinks must be labeled with the child's full name.

Keeping children safe and comfortable is a priority of YMCA programs. Infants will not be left to sleep in car seats, bouncers, or swings. Infants will be placed in their designated crib on their back to sleep. Children will be placed in designated areas when resting.

YMCA staff work with each infant at his/her level of development and individual schedule. The different activities that staff do with your child help develop hand-eye coordination, promote language development, motor development and sensory development.

SCHOOL READINESS

Creative Curriculum is designed for children from birth through kindergarten. The curriculum is based on five fundamental principles that are supported by research.

1. Positive interactions and relationships with adults provide a critical foundation for successful learning
2. Social-emotional competence is a significant factor in school success.
3. Constructive, purposeful play supports essential learning.
4. The physical environment affects the type and quality of learning interactions.
5. Teacher-family partnerships promote development and learning.

The YMCA Children's Academy programs also use the assessment tool linked to Creative Curriculum. The GOLD Assessment focuses on 38 objectives that are predictors of school success and aligned to state early learning standards. For infants, toddlers and preschool age children the objectives help teachers ensure that children are growing and learning developmentally and academically.

The YMCA Children's Academy programs encourage families to do things together through family events such as annual fall festivals. Each spring programs recognizes children who will going to kindergarten with a graduation ceremony.

A TYPICAL DAY IN OUR INFANT PROGRAM

Infants and toddlers need a schedule that is regular enough to be predictable but flexible enough to meet the needs of each child. Learning opportunities will emerge every day for each child.

- Arrival and wash hands
- Tummy time

- Enjoying stories and books
- Snack time
- Nap time
- Lunch
- Outdoor time
- Nap time
- Snack time
- Play time – music and movement on the floor
- Departure

A TYPICAL DAY IN OUR PRESCHOOL PROGRAM

A typical day will provide a balance between child-directed and teacher-directed activities. Core content curriculum areas include literacy, math, science, social studies, art, character development and healthy eating and physical activity.

- Arrival and wash hands
- Centers & Small Group Time
- Group Activities
- Snack Time
- Group Activities
- Outdoor Time
- Lunch
- Rest
- Group Activities
- Snack
- Outdoor Time
- Centers & Small Group Time
- Departure



COVID-19 ADJUSTMENTS

At this time all YMCA Children’s Academies have made some adjustments to our daily activities to ensure the health and safety of our children and to help prevent the spread of COVID 19.

Based on guidance from the CDC and age appropriateness for young children the Y has implemented the following strategies:

- Social distancing
- Intense cleaning and disinfecting efforts
- Modified drop on/pick up procedures
- Arrival screening procedures

The details of each of these strategies are outlined throughout the handbook.

ENROLLMENT PROCEDURES AND NOTIFICATION OF POLICY CHANGES

All enrollment may be completed online at ymcahouston.org. A non-refundable registration fee must be paid at the time of enrollment. Online registration must be completed in one sitting, as the system will time out after 30 minutes. Please allow appropriate time to complete your online registration.

Your child’s enrollment information must be updated each September.

The following items are needed to enroll:

- Emergency contact information for someone other than yourself (not parent or guardian)
- Name, address, and phone number
- Contact information for others authorized to pick up your child
- Payment information
- Registration fee
- Insurance information
- Doctor and hospital information, including address and phone number

To begin the process you must have or create an online account

- You must be a YMCA program or facility member to register your child for child care. There is no cost to become a program member.
- After you have become a member, we ask that you create an online account so that you can register for child care.
- Please note that it may take up to 24 hours for paperwork to be processed. Paperwork must be processed entirely before your child may begin the program.

Any policy changes will be provided to participant’s parent or guardian in writing.

SPECIAL ACCOMMODATIONS

In order for us to provide the best care for each child, it is important that we have as much information as possible on all participants. If your child has any special concerns or needs including: allergies, existing illness, injuries, disabilities, long-term, continuous use medication, any limitations or need for special provisions etc., please set up a meeting with the Director, and if we can accommodate the special provision, we will be happy to enroll your child.

HOLIDAYS

Our program will be closed on the following holidays:

- New Year’s Eve
- New Year’s Day
- Martin Luther King Jr. Day
- Good Friday
- Memorial Day
- Fourth of July (July 5, 2021)
- Labor Day
- Thanksgiving Day
- Friday after Thanksgiving
- Christmas Eve
- Christmas Day

In-service Days

Our program will be closed on the following in-service days:

May 20 and 21, 2021 August 19 and 20, 2021 May 19 and 20, 2022

ACCOUNTING POLICIES AND PROCEDURES

The YMCA of Greater Houston has balanced billing. Monthly fees are determined by the local YMCA. A non-refundable registration fee will be due at the time of enrollment. Each September a \$100 supply fee will be charged to each child’s account.

Payments are due prior to the first of each month. To ensure a spot and to avoid late fees it is preferred that you schedule payments with an auto-draft. Your payment will be drafted from your account on the 1st of each month. Check with your YMCA for additional, drafting options. Drafting is

available through a credit card or EFT. If payment is not scheduled to draft the participant must pay at the time of registration. Your scheduled payments may also be made in-person at the Y prior to the first of each month. Space is limited so your spot is not guaranteed until your payment is scheduled or paid in full. Cash, check, credit card, money order or cashier's checks are accepted as forms of payment at your local YMCA.

In the event of program cancellations due to inclement weather or facility issues that prohibit children from attending the program, the YMCA recognizes three days of care as a full week of service. Based on this balanced billing, accounts will be credited for a maximum of 3 days in any full week of cancellations. Monthly fees are based on children receiving care three or more days each week. In the event of a one day unexpected closure, adjustments will not be made to accounts. Monthly are not prorated.

When withdrawing from the program, written notice must be turned in to the director, and must be provided at least two weeks prior to your draft date. No refunds will be issued to anyone withdrawing after the first day of the month. All membership fees are non-refundable.

Late Payments

Payment is considered late after the 3rd of each month and your account will be charged a \$30 late fee. If payment has not been received by the 10th of the month your child will no longer be accepted into the Y program.

NSF Fees

Accounts will be charged a \$30 fee for insufficient funds.

Late Pick-Up

Please call the child care center if an unexpected emergency will cause you to be late picking up your child. There is a \$1 per minute charge for children not picked up by the program's closing time. In the event that a child has not been picked up within one hour of the stated closing time, Y staff members have been instructed to call Children's Protective Services and local police. In the event that a child is repeatedly left past the closing hour, the Y reserves the right to terminate the child's enrollment in the program.

Program Closures

Inclement Weather

In the event of bad weather or a national or community emergency, please tune in to local radio and television for closure information. If the school district or college campus in your child's service area closes because of weather conditions, the child care center will be closed.

Facility Emergencies

Should your child's center experience a facility emergency after the program opens, the center will be required to close. Examples of a facility emergency are gas leak, power outage, or no water.

Receipt Request

When making payment, you are able to print a copy of the receipt through your online account. Please retain all receipts and canceled checks for your records. The Y Tax ID number is 74-1109737.

Financial Assistance

The Y is a community-based organization and believes that its programs and services should be

available to everyone regardless of age, background, ability or income. The Y offers financial assistance to its participants which is designed to fit your individual financial situation. Limited financial assistance is available to individuals and families who substantiate a need. At this time there are no discounts for infant care due to the low staff:child ratio.

Due to the limited availability of funds, families needing assistance should:

1. Contact Workforce Solutions and complete paperwork to determine if qualified for public assistance.
2. Apply to the YMCA (As Workforce Solutions processes the request, you may qualify for minimal assistance through the Y)
3. Once Workforce Solutions has made a determination about assistance they will notify you and the YMCA.
 - a. If accepted, the YMCA will adjust the account for NCI payments and parent co-payments.
 - b. If denied, the YMCA will reassess the original application and increase percentage based on need and current availability of funds.

TRANSPORTATION

If your child is attending a Y program that requires transportation, we ask that you speak with your child regarding proper safety guidelines. All children must stay seated with their seat belts fastened while the vehicle is moving and until the vehicle is completely parked.

Our primary goal when transporting children is to ensure their safety. The Y reserves the right to suspend or dismiss a student if a child is behaving in a way that is unsafe or inappropriate. If your child misses the bus to their Y program, staff will NOT be able to go back to the school to get your child.

WATER ACTIVITIES

Depending on social distancing activities may include sprinklers, slip & slides, kiddie pools, splash pads and instructional swim lessons. Varies by location. Check with your local center for specific details.

FIELD TRIPS/SPECIAL EVENTS

Field trips and special events are fun and exciting learning opportunities that enhance your child's experience. Due to COVID-19 all field trips will be in house this summer. Any food shared with friends must be purchased from a store. Varies by location. Check with your local center for specific details.

ANIMALS

Classroom "pets" may be included in the learning environment. Please do not bring animals with you to the center.

PARENT ENGAGEMENT/VOLUNTEERS/CONFERENCES

We welcome parents as virtual visitors to our program! Open communication is very important to the success of your child's experience. Parent conferences may be arranged at any time with teachers or the director. At this time Zoom calls are recommended. We appreciate your input regarding suggestions, ideas and comments on ways to improve our service to you and your family. You may

direct suggestions, concerns, compliments or complaints to the immediate caregiver or one of the directors.

As your child learns and grows with us we hope that you will choose to participate in parent engagement activities three-four times a year. We will plan activities to help our families be physically active, have healthy eating/nutrition habits and enjoy quality time together. Please read our newsletters and watch for tips for helping your family be healthy and active.

Volunteers will need to have clear criminal background and FBI checks as well as complete our YMCA child abuse prevention training in order to volunteer in the program. Parents and volunteers are never left alone with a group of children and will have a staff member with them at all times.

TEXAS HEALTH AND HUMAN SERVICES

By choosing licensed child care, you and your child will have new experiences and relationships. You, the program director and the center staff have a responsibility to protect the health, safety and well-being of your child. Texas Health and Human Services (HHS) is also a part of this partnership.

A copy of the current Minimum Standard Rules for Licensing and an Inspection report will be maintained at the reception desk. You may also request a copy of these standards from your local child care licensing office. A list of these offices can be found on the HHS website: www.hhs.texas.gov, DFPS website: www.dfps.state.tx.us or by calling the Child Care Information Line at 713-287-3238 or 1-800-862-5252. The operation's most recent licensing inspection report is also available for our review at our program location.



YMCA staff members are trained annually to recognize and report suspected child abuse and neglect and are required by law to report suspected abuse or neglect. The 24-hour Child Abuse Hotline phone number is 1-800-252-5400 and their website is: www.txabusehotline.org.

EMERGENCY PREPAREDNESS

Staff members are trained in basic emergency procedures. Necessary responses to issues regarding natural disasters (floods, tornados, hurricanes, etc.), lockdown procedures for hostile situations and fire escape routes are addressed in staff training. Monthly fire drills, periodic severe weather drills and lockdown drills are conducted at centers. A detailed plan is available at each center for your review.

If evacuation is necessary, staff members will first move children to a designated safe area or alternate shelter known to all employees and volunteers. Evacuation procedures also address the care of children with limited mobility or who otherwise may need assistance in an emergency, such as children who have mental, visual or hearing impairments. Head counts and roll sheets will be utilized to account for children and be conducted by two or more staff. At all times, our emphasis will be on keeping children safe.

In cases of inclement weather, the Y program will follow local school district or college campus recommendations. If the local school or college is closed due to weather, the Y program will also be closed. If the weather begins to worsen during the day, we will ask you to pick up your child as soon as possible so your family and our staff members may get home safely.

CHILD ABUSE PREVENTION

The YMCA of Greater Houston is committed to keeping all children safe and we make every effort to prevent child abuse. The Y recognizes that child abuse exists in a number of forms, including emotional, physical, and sexual abuse, as well as child neglect. As mandated reporters, it is our responsibility to recognize and report all suspected child abuse to the appropriate authorities.

To help prevent child abuse the YMCA of Greater Houston has implemented the following procedures:

1. For the safety of children entrusted in our care, the YMCA conducts and requires a background check and references for all child care staff, as well as every person employed in or by our centers and programs.
2. The YMCA requires all staff to take Child Abuse Recognition, Responding, Reporting and Preventing Training annually.
3. Allegations or suspicions of child abuse are taken seriously and are reported to the police and state agencies for investigation.
4. YMCA programs are structured and observed so that staff and volunteers are never the only adult present with children with the possible exception of emergency situations.
5. Evaluations are conducted with parents regarding day to day experiences, encouraging reports of any event out of the ordinary.
6. Staff are required to report all incidents and/or the disclosure of abuse.

A key to keeping children safe is a child's ability to seek help. They need to know that there are adults at the Y, and at home, who will listen and respond in a supportive way. It is important to be aware that child abusers can be parents, caretakers, friends, neighbors, or even other youth.

1. Talk to your child – Share with your child that he or she can say “NO” to an adult friend, family member, or an older child, if they act inappropriately.
2. Be Proactive – Create an environment that encourages children to share their views and concerns. Then really listen to them. Establish safety rule online and offline.

If faced with your child disclosing abuse, or if there is a situation where you suspect abuse, but are not sure or don't have proof, call the child abuse helpline and get support. Trust your gut and your instincts and take action immediately.

If you would like to report a suspicion that a child has been harmed or is at risk of being harmed by abuse or neglect, call the **Child Abuse Hotline: 1-800-252-5400**. **IF YOU BELIEVE A CHILD IS IN IMMEDIATE DANGER OF HARM, CALL 911 FIRST**. Thank you for helping us keep our children safe.

GANG FREE ZONE

Under the Texas Penal Code, any area within 1000 feet of a child-care center is a gang-free zone, where criminal offenses related to organized criminal activity are subject to harsher penalty.

A complete informational handout on this code is available at the Welcome desk for your review.

DAILY ATTIRE & EXTRA ITEMS FROM HOME

Children should be dressed for active play. Since all children will be going outside twice per day, weather permitting, please ensure that they have weather-appropriate attire and sunscreen if needed. No open-toed shoes permitted. Each child needs a change of clothes for emergencies. This should include: pants/ shorts, shirt and underwear. Children being potty trained may require more than one change of clothing.

Please bring a nap-mat, blanket and any item that soothes your child during naptime. Ensure that all items are labeled. Please refrain from bringing toys and other items from home. These will only be allowed on designated show-and-tell days. We are not responsible for any lost, stolen, or broken belongings.

LOST AND FOUND

It is important that each item brought from home is labeled with your child's name to prevent them from being lost. Should an item of your child's be misplaced, it will be placed in the lost and found. These items will be donated to a local charity if left at the center for more than two weeks.

BABYSITTING

We are pleased that you feel comfortable and confident in our employees and that you want them to babysit or transport children after hours; however, it is against the YMCA's policy and employees may be terminated.

YMCA of Greater Houston Early Care Locations

The YMCA of Greater Houston is proud to serve our community by offering quality care for our children. We hope that our program meets the needs of your family and that your children will learn, grow and thrive.

THE YMCA Children's Academy locations are:

The Woodlands Family YMCA at Shadowbend
6145 Shadowbend Place
The Woodlands, TX 77381
281-367-3622

Wendel D. Ley Family YMCA
15055 Wallisville Rd.
Houston, TX 77049
281-458-7777

Huntsville Family YMCA
2906 Old Houston Road
Huntsville, TX 77340
936-295-8009

M.D. Anderson Family YMCA
705 Cavalcade
Houston, TX 77009
713-697-0648

COMING SOON!

Ave CDC
3517 Irvington Blvd
Houston, TX

KIPP East End
5402 Lawndale St.
Houston, TX 77023
281-879-3100

Texas Medical Center YMCA
5614 H. Mark Crosswell, Jr.
Houston, TX 77021
713-747-2173

Houston Community College
3214 Austin St.
Houston, TX 77004
713-718-5437

DB McWilliams YMCA at University Park
11144 Compaq Center W. Dr.
Houston, TX 77070
281-257-6600

Trotter Family YMCA at Wisdom High School
6529 Beverly Hill St.
Houston, TX 77057
713-787-1700

Find us on the web: ymcahouston.org

You can find our YMCA Children's Academy Handbook at ymcahouston.org under programs; infant, toddler, preschool/parent corner