Stingrays Swim Team Practice

Ages: 5–21

PRACTICE TIMES:
Whiptail Rays (Beginner): 
5–6 pm, Pool Practice

Eagle Rays (Intermediate): 
6–7 pm, Pool Practice

Manta Rays (Advanced): 
7–8 pm, Pool Practice

All participants must have an evaluation done by a coach to see at what level they will participate. Parents are expected to be involved and actively volunteer.

For more information, contact Ashley at 281-859-6143 or email ashley.bradford@ymcahouston.org.