

MAKE A DIFFERENCE



ADAPTIVE YOUTH SPORTS VOLUNTEERING

The YMCA Adaptive Sports program provides children and adults with diverse abilities the opportunity to play sports in a safe, fun atmosphere. The YMCA adaptive program removes barriers keeping children with mental and physical disabilities off the field, allowing them to experience playing as part of a team. The sports we offer are Miracle League Baseball, Soccer, Flag Football, Cheer, Basketball and swim. Volunteers are vital to the success of our programs, and there are many ways to get plugged in.

Head Coach

A volunteer coach is an important part in rallying the team. The coach communicates with the athletes about games/times and encourages athletes to play each week. The coach pitches or sets up the tee for each athlete on their team. Most importantly, the coach cheers for and encourages the athletes each week. Recreation teams have games on Saturdays (this does not include a practice). Competitive teams will have a practice and a game each week. During practice, the coach runs drills and uses a curriculum to promote the athletes' growth on the field.

Must be 18 years or older

Team Manager

The team manager will take on a leadership role by committing to volunteer for the entire season. Committing to the season allows the volunteer to build relationships with the athletes and their families. The team manager will be available to serve as a volunteer buddy as well as help staff both on and off the field. This role will give the volunteer a true experience of working in adaptive sports.

Must be 15 years or older

Volunteer Buddy

A volunteer buddy works one-on-one with an athlete to help them on the field. A buddy assists their athlete's participation in a game, keeps the athlete engaged, and celebrates with them. YMCA staff are always available to support the volunteer buddy and the athlete.

Must be 12 years or older

Miracle League Game Announcer

We love the experience of baseball. Our announcers engage the athletes and the crowd while introducing each athlete, calling the plays and cheering them on from the announcers table.

Must be 16 years or older

Miracle League Announcer Assistant

Did we mention we love the experience of baseball? Each of our athletes picks their favorite song to use as their "walk on music". This music is played every time the athlete is up to bat. The announcer assistant is responsible for playing the athletes' music from the batting line up.

Must be 12 years or older

Apply to Make a Difference:
ymcahoustonports.playerspace.com



YMCA Mission: To put Judeo-Christian principles into practice through programs that build healthy spirit, mind and body for all. Everyone is welcome.